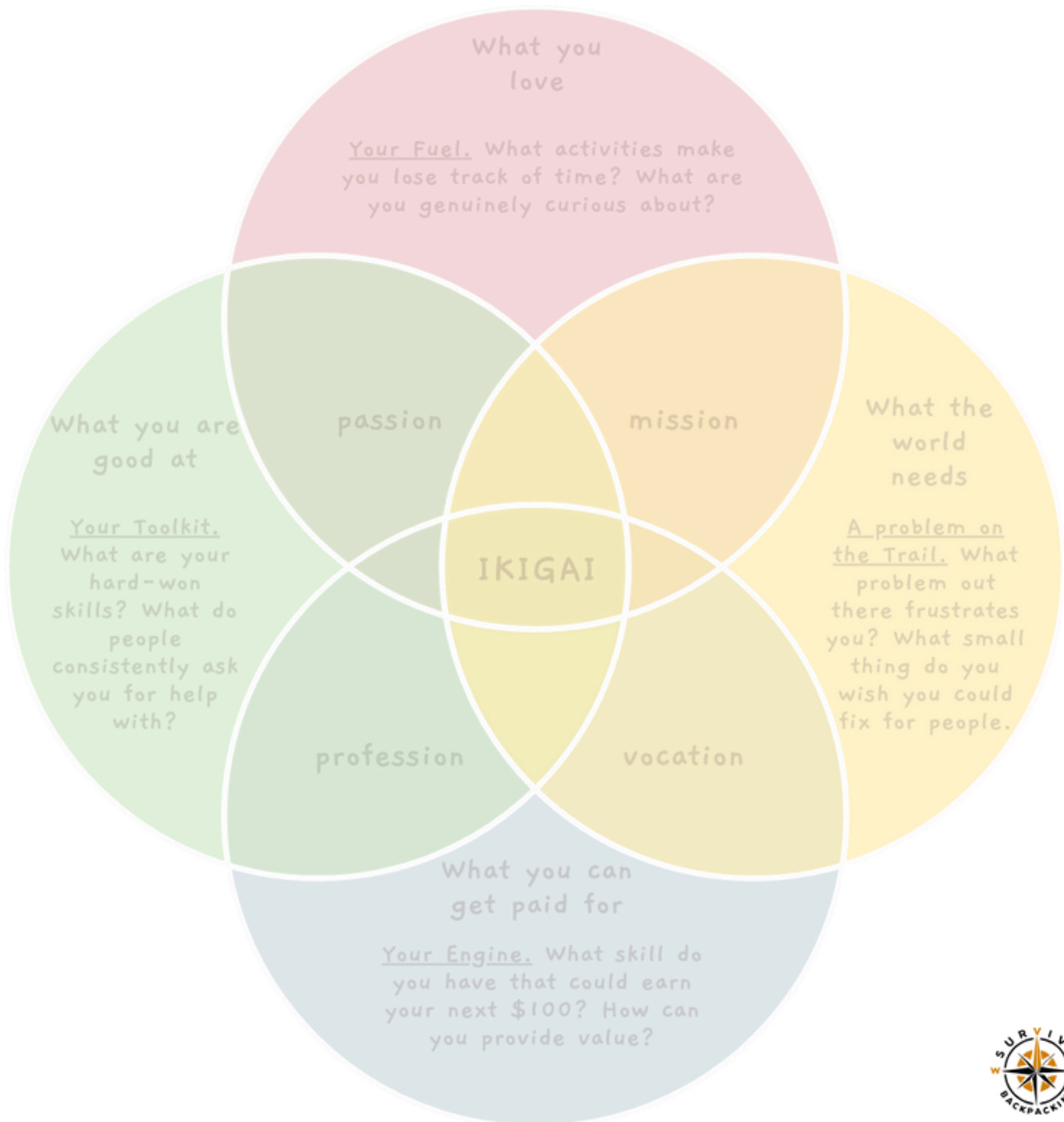


Ikigai: Your Reason for Being



Discovery & Reflection:

Overlaps: Where do these circles meet? _____

Answer this: If I could spend the next 5 years doing _____, would I feel alive?

What's your Ikigai? _____

Example: My Ikigai is using my skills in resilience (*good at*) and my love for building (*love*) to create tools that help fellow comeback seekers (*world needs*) build a life of freedom (*can be paid for*).